



RELATIONSHIPS, SEX AND HEALTH EDUCATION POLICY

Author:	Head of PSHE (Senior School)
Reviewed:	August 2023
Next Review Due:	August 2024
Scope:	Whole School

This policy is applicable to all Pre-Preparatory, Preparatory and Senior School pupils up to Fifth Form and has due regard to the Department of Education statutory guidance.

It follows from the rationale for Relationships and Sex Education (RSE) and Health Education, 'Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.' (Foreword by the Secretary of State, September 2021.)

Some aspects of RSHE are taught in science, RS and PE, and others are taught as part of the whole school Personal, Social, Health and Economic Education (PSHE) programme.

Bromsgrove School intends that its programmes of RSE should provide accurate information about the body, reproduction, sex, and sexual health. It also gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline. This policy takes account of all relevant legislation and guidance including the Equality Act 2010 and the current version of Keeping Children Safe in Education.

Lifelong learning about physical, moral and emotional development.

Understanding the importance of marriage for family life, stable and loving relationships, respect, love and care.

Teaching about sex, sexuality, and sexual health.

It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.

RSE includes teaching about:

different types of relationships, including friendships, family relationships, dealing with strangers and, at secondary school, intimate relationships;

how to recognise, understand and build healthy relationships, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships;

how relationships may affect health and wellbeing, including mental health;

healthy relationships and safety online; and

factual knowledge, from Year 7 to Year 11, around sex, sexual health and sexuality, set firmly within the context of relationships.

"Sexual Health is a state of physical, emotional, mental and social well-being related to sexuality; it is not merely the absence of disease, dysfunction or infirmity. Sexual Health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence. For sexual health to be attained and

Bromsgrove School aims to produce:

It seeks to achieve this through:

The Core Values Bromsgrove seeks to foster in its pupils are:

All aspects of the Mission Statement are touched upon by the School's PSHE programme in general, and RSHE in particular, through group work, assemblies, Chapel, classroom discussion, the curriculum and presentations.

To fulfil this overall objective, the following points are important:

Bromsgrove School recognises that effective RSHE is essential if young people are to make responsible and well-informed decisions about their lives. It is not delivered in isolation but rooted firmly in the Personal, Social, Health and Economic Education (PSHE) framework and through teaching of the National Curriculum.

RSHE helps and supports Bromsgrovians through their physical, emotional and moral development; this means that they will learn to respect themselves and others, moving from childhood through adolescence into adulthood. This helps develop skills and understanding to live confident, healthy, independent lives, allowing the young person to deal with difficult moral and social questions.

With the School's Christian ethos, education about the nature and importance of marriage for family life is encouraged, whilst realising that there are strong and mutually supportive relationships outside marriage. At no time will the School stigmatise children based on their home circumstances.

be relevant and meet the needs of children and young people, and actively involve them as participants, advocates and evaluators in developing good quality provision
be delivered by competent and confident educators
provide a learning environment that is safe for the children, young people and adults involved and based on the principle that prejudice, discrimination and bullying are harmful and unacceptable.
provide a learning environment which shows that talking openly about mental health issues is an effective means of breaking down any associated stigma. The emphasis should always be on developing pupils' knowledge, understanding, skills, language and confidence to seek support, as needed, for themselves or others. They should understand when to seek help, what help is available, and the likely outcome of seeking support.

The RSHE curriculum is informed by the PSHE Association's programme of study [available online](#) and the Statutory Guidance updated in September 2021:

When talking to children, teachers will make it clear that they cannot always offer complete confidentiality. If a pupil makes a disclosure that indicates that abuse is taking place, the teacher is bound by law to refer that pupil to a member of the Safeguarding team. All staff are made aware of safeguarding and child protection rules and protocols.

The School works closely with health professionals and the Local Authority to ensure that the delivery of RSE is appropriate and up to date. New statutory guidance was published by the DfE in 2019, ready for the academic year 2020 (updated to September 2021) and this informs programmes of study.

The programmes of study and the statutory guidance will be regularly reviewed by the Heads of PSHE.

RSE and Healt

